

## Strategic Prayer Focus

Each person in the LTG is to identify two or three people who do not yet know Jesus, so that individually and as a group you can pray for each of these people. Keep this card in your bible. Each time you open your bible, choose one of the names on the list and use the following template for your prayers for that person.

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1. I pray Lord, that you draw.....(name) to yourself (John 6:44).
2. I pray that .... will seek to know you (Acts 17:27).
3. I pray that .... will hear and believe the Word of God. (1Thess 2:13)
4. I ask you to prevent Satan from blinding.....to the truth (2 Corinthians 4:4; 2 Timothy 2:25-26).
5. Holy Spirit, I ask you to convict .... of their need for Christ's redemption (Jn 16:7-11).
6. I ask you to send someone to share the gospel with .... (Matt 9:37-38)
7. I also ask that you give me (and/or my fellow disciple) the opportunity, the courage, and the right words to share with.... (Ephesians 6:19-20; Colossians 4:3-6).
8. Lord, I pray that ... will turn from their sin. (Acts 17:30-31; Thess 1:9-10).
9. Lord, I pray that ... would put all of his/her trust in Christ (John 1:12; 5:24).
10. Lord, I pray that confess Christ as Lord and that his/ her faith would take root and grow, and that they would bear fruit for your glory. (Lk 8:15; Rom 10:9-10; Col 2:6-7)

## Character Conversation Questions

These questions are asked of one another in a weekly meeting of accountability. Proverbs 27:17 say "As iron sharpens iron, so one man sharpens another." This means that we need each other to stretch our faith.

These questions stimulate conversations of character and confession of sin in a safe environment which values honesty, vulnerability, confidentiality and grace.

1. What is the condition of your soul? Where are you at spiritually?
2. What is the Holy Spirit doing in your life or prompting you to this week? What are you doing about it?
3. Do you have a need to confess any sin?
  - Consider your words
  - Consider your thoughts
  - Consider what you have not done
  - Consider your relationships
  - Consider your sexual life
  - Consider desire for money, status, or stuff
  - Consider your finances and property
4. To whom have you shown Jesus this week?
5. What did you hear from God in your reading this week? How is it changing you?
6. A personal accountability question of your own.

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***"Therefore confess your sins to one another, and pray for one another, so that you may be healed."***  
**James 5:16**



## Life Transformation Groups



**Ipswich Lutheran Parish**  
 32 Roderick Street  
 Ipswich Qld 4305  
 Telephone 07 3202 4035  
 Fax 07 3281 9762  
 Email office@ilp.org.au  
 Website www.ilp.org.au



# What Is A Life Transformation Group (LTG)?

An LTG is made up of two or three people, all of the same gender, who meet weekly for personal accountability for their spiritual growth and development. Groups practice the discipline of meeting for one hour only. It is recommended that the group should not grow past three, but rather multiply into two groups of two once the fourth participant has proven faithful to the process.

A Life Transformation Group is a way of obeying Jesus' command to make and multiply disciples without relying on gifted leaders. Two or three people who desire to grow in Christ hear from God through prayer and scripture reading.

LTG members encourage and support one another in obeying what they hear from God. They can also support each other in prayer and be intentional in praying for loved ones and friends to come to faith.

Meeting *weekly* is vital. Less often loses effectiveness. Members must have a clear commitment to meet weekly and to keep this a high priority. Any less cheats the other members of your group and weakens the process.

A Life transformation Group requires no program or special training, and doesn't need a leader. Its members mainly do three things:

1. Confess sin to one another in mutual accountability.
2. Read scripture.
3. Pray for people desperately needing Christ

## Qualifications for participating in an LTG

- Desire to know Jesus more intimately
- Faithfulness to the group
- Willingness to learn

# Why Two or Three?

1. **Community**  
Life change does not happen in a vacuum; it happens in relationship with others. For most, it is difficult to have the kind of close knit bond that can change lives with more than three people at any one time. The best context for life-changing community is in a group of two or three. (Ecclesiastes 4:9-12)
2. **Accountability**  
Few things in life get done without some degree of accountability. In the pursuit of godliness we need accountability to one another. It's hard to be accountable to more than two or three people at a time. We can find support with a small group who knows and understands our life. (1 Timothy 5:19)
3. **Confidentiality**  
Confession of sin is needed for cleansing, healing, and preparation for a life of service, and a safe place is essential. Two or three others of your same gender, who know and care about you and who are also sharing their own struggles, provide as safe a place as one can find. You may even pronounce Gods forgiveness over each other. (Matthew 18:15-17).
4. **Flexibility**  
Two or three busy people can coordinate their schedule and meet almost anywhere, anytime. (Matthew 18:20)
5. **Reproducibility**  
Simple things multiply more easily than complex things. If we learn to multiply this basic unit of the church, we have a better chance to multiply more complex cell groups, ministries, and congregations. (2 Timothy 2:2)

# Three Tasks of a Life Transformation Group

1. ***Sin is confessed to one another in mutual accountability.*** The accountability questions are asked of one another in a weekly meeting that values honesty, confidentiality, and integrity (Proverbs 27:17, James 5:16, Galatians 6:1-5). Because it is easy to lose time talking about other things, the meetings start with the Character Conversation Questions (see back panel). Each person is given time to answer a question before moving on to the next question. The others listen and avoid trying to "fix it". Pray for one another.
2. ***Scripture is read in entire context and in community.*** The power of an LTG is in the unleashing of Gods word in the lives of people as they commit to read Scripture together each week. Do not skimp in this area. Challenge yourself in the amount of scripture you commit to reading each week: 14-25 chapters is a good goal. Find out what works for your group but try to stretch! Each week your group picks a book of the Bible to read. For larger books you may decide to do half the book in a week. For small books, re-read the book several times throughout the week (e.g. read Ephesians three times this week). The goal of the reading is not intense study; it is to hear from God and do what he says. This is the definition of faith. If any one person was unable to finish the reading that week then the whole group does the same reading again the next week until all read the entire amount agreed upon in the same week. This is not a bad thing, as reading entire books of the bible in repetition will yield rich rewards!
3. ***People who desperately need Jesus are prayed for strategically, specifically, and continuously.*** Each member of the group identifies two or three people in their sphere of influence who need Jesus. These people are prayed for throughout the week. Those who begin to seek Christ become candidates for new Life Transformation Groups. Multiplication of the group can occur naturally and spontaneously - and in a way that the whole group can celebrate together.